

RESOURCES

Healthful Living

American Association for Health Education (AAHE). (2011). Retrieved from <http://www.aahperd.org/aahe/>.

American Association for Health Education (AAHE) is a professional organization that advances the profession by serving health educators and others who strive to promote the health of all people through education and other systematic strategies.

American Association for Health Education. (2008). *NCATE health education teacher preparation standards*. Retrieved from <http://www.ncate.org/LinkClick.aspx?fileticket=J37euHlcN3E%3d&tabid=676>.

2008 NCATE Health Education Teacher Preparation Standards published by the American Association for Health Education (AAHE).

American Cancer Society. (2007). *National health education standards*. Retrieved from <http://www.cancer.org/Healthy/MoreWaysACSHelpsYouStayWell/SchoolHealth/national-health-education-standards-2007>.

The National Health Education Standards (NHES) are the framework for health instruction in schools. The standards were developed and revised by a coalition of health education organizations and professionals from across the US.

American Cancer Society, American Diabetes Association, & American Heart Association. (n.d.). *Health education in schools: the importance of establishing healthy behaviors in our nation's youth*. Retrieved from <http://www.cancer.org/acs/groups/content/@nho/documents/document/healtheducationpdf.pdf>.

This statement from the American Cancer Society, American Diabetes Association, and American Heart Association explains the importance of health education programs and the vital role they play in establishing healthy behavior patterns in young people.

American Cancer Society, American Diabetes Association, & American Heart Association. (2009). *Learning for life: health education in schools*. Retrieved from <http://www.cancer.org/acs/groups/content/@nho/documents/document/healthyedlearningforlifefactsh.pdf>.

Learning for Life: Health Education in Schools provides a quick overview of health and academic problems and how to effect changes through school health programs.