UDL Checklist

Use this checklist to note and explain how your lesson plan addresses specific UDL principles, guidelines, and checkpoints. Note that you are not expected to address every checkpoint! Just explain how your lesson addresses those checkpoints it does address, and leave blank those it doesn't.

# I. Provide Multiple Means of Representation

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| --- | --- |
| Guidelines/Checkpoints | Notes |
| **1. Provide options for perception** |  |
| 1.1. Offer ways of customizing the display of information |  |
| 1.2. Offer alternatives for auditory information |  |
| 1.3. Offer alternatives for visual information |  |
| **2. Provide options for language, mathematical expressions, and symbols** |  |
| 2.1. Clarify vocabulary and symbols |  |
| 2.2. Clarify syntax and structure |  |
| 2.3. Support decoding of text, and mathematical notation, and symbols |  |
| 2.4. Promote understanding across language |  |
| 2.5. Illustrate through multiple media |  |
| **3. Provide options for comprehension** |  |
| 3.1. Activate or supply background knowledge |  |
| 3.2. Highlight patterns, critical features, big ideas, and relationships |  |
| 3.3. Guide information processing, visualization, and manipulation |  |
| 3.4. Maximize transfer and generalization |  |

# II. Provide Multiple Means for Action and Expression:

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| Guidelines/Checkpoints | Notes |
| **4. Provide options for physical action** |  |
| 4.1. Vary the methods for response and navigation |  |
| 4.2. Optimize access to tools and assistive technologies |  |
| **5. Provide options for expression and communication** |  |
| 5.1. Use multiple media for communication |  |
| 5.2. Use multiple tools for construction and composition |  |
| 5.3.Build fluencies with graduated levels of support for practice and performance |  |
| **6. Provide options for executive functions** |  |
| 6.1. Guide appropriate goal setting |  |
| 6.2. Support planning and strategy development |  |
| 6.3. Facilitate managing information and resources |  |
| 6.4. Enhance capacity for monitoring progress |  |

# III. Provide Multiple Means for Engagement:

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| --- | --- |
| Guidelines/Checkpoints | Notes |
| **7. Provide options for recruiting interest** |  |
| 7.1. Optimize individual choice and autonomy |  |
| 7.2. Optimize relevance, value, and authenticity |  |
| 7.3. Minimize threats and distractions |  |
| **8. Provide options for sustaining effort and persistence** |  |
| 8.1. Heighten salience of goals and objectives |  |
| 8.2. Vary demands and resources to optimize challenge |  |
| 8.3. Foster collaboration and community |  |
| 8.4. Increase mastery-oriented feedback |  |
| **9. Provide options for self-regulation** |  |
| 9.1. Promote expectations and beliefs that optimize motivation |  |
| 9.2. Facilitate personal coping skills and strategies |  |
| 9.3. Develop self-assessment and reflection |  |

*Adapted from the* [*UDL Educator Checklist provided by CAST*](http://www.udlcenter.org/sites/udlcenter.org/files/Guidelines_2.0_Educator_Checklist%20%281%29_0.pdf)*.*